







DDARD **PARENT**

A Monthly Publication of Parenting Tips

October 2018

Does Nature Outweigh Nurture?

Dr. Kyle Pruett, clinical professor of child psychiatry at Yale School of Medicine and member of The Goddard School Educational Advisory Board, answers the age-old question: which is more important, nature or nurture?

"30 Unexpected Kid Milestones Worth Celebrating (You Won't Find These in a Baby Book!)" Facebook Contest

Your family has the chance to win a \$1,000 credit toward Goddard School tuition! Starting Monday, October 1 at 11 AM EST, please submit photos, videos and/or short descriptions (300 characters maximum) on our Facebook page that show off your unexpected kid milestones, such as Baby's First Airplane Ride or your child's first at bat in tee-ball.



Five Ways You Can Help Children Cope with Homesickness

When children spend a night away from home at a sleepover or on a family vacation, they may experience feelings of homesickness. Here are five ways to help them cope.



Four Ways to **Encourage Imagination** During Halloween

Halloween is the perfect time for your children to go above and beyond with their imaginations. Here are four ways to help them express themselves.

- 1. Ask your children to create mysterious potions with items found in your kitchen. While the potions are brewing, encourage them to come up with spells that the potions will produce.
- 2. Inspire your children to dress up as anything they want to be. Encourage them to think outside the box.
- 3. Create a spooky story with your children. You can begin by starting a sentence and asking them to finish it.
- 4. Bake cookies in the shape of a pumpkin and ask your children to use their artistic skills and imagination to decorate them as a pumpkin family.

This Trick for Getting Children to Do Their Chores Will Blow Your Mind

The key to encouraging your children to help with chores is letting them help when they're young. How young? <u>Click here</u> to find out.



Everything You Need to Know About Giving Your Child an Allowance

Experts answer all the <u>common questions parents have about giving an allowance</u>, including when to start and how much to give.





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